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Christmas Edition 2024 Vol. 01

**A Mother
& Content
Creator**

**Bollywood
Christmas
Glimpse**

**Exclusive
Interview**

Meet
Jaya
Gupta



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ABOUT US

An extraordinary and empowering platform designed exclusively for visionary women and creative individuals, including influential influencers, talented bloggers, captivating models, sensational singers, and many more. Our mission at is to provide a nurturing environment where entrepreneurial minds can thrive. As a subsidiary of the renowned media label FAME DILA DOON, we possess the extensive resources required to showcase and honor the exceptional journeys of female entrepreneurs, influencers, bloggers, models, makeup artists, and more, representing a rich tapestry of backgrounds and experiences. Join us in celebrating the remarkable achievements of women worldwide through our platform and magazine, as we empower and inspire the next generation of trailblazing women.



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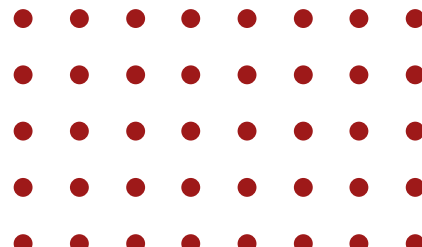


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Womaniean Magazine is a leading Fashion, Lifestyle, Business & Sports online publication with a Digital circulation of 1,00,000 across India, Our Edition is also available on Magzter, the world's biggest magazine platform, and we have a global presence in countries like the India, Australia and UAE.



Editor's Note – Womaniean Magazine Christmas Edition 2024

As we close another year filled with stories of inspiration, resilience, and self-discovery, this Christmas Edition of Womaniean Magazine is a celebration of the strength and spirit that define every woman.

This issue shines a light on individuals like Jaya, who exemplify the delicate balance of roles as a mother, content creator, and fitness enthusiast, all while spreading positivity and hope. Her journey reminds us that every challenge can be a stepping stone, and her message—"Life must go on"—resonates deeply with the essence of the festive season: finding joy in the present and hope in what lies ahead.

Christmas is not just about celebrating; it's about reflecting on growth, cherishing the bonds we've nurtured, and embracing our aspirations for the future. Let this edition inspire you to rediscover your passions, prioritize self-care, and spread the same light and positivity that our featured voices bring to the world.

As you turn these pages, may you find motivation to step into the new year with confidence, courage, and a heart full of dreams.

Wishing you a joyful and inspiring holiday season!

Warm regards,
Kavish Bhardwaj
Editor-in-Chief
Womaniean Magazine



Editor's Note



exclusive
Interview

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1. Jaya, could you share what inspired you to start creating content around parenting, dance, and lifestyle, and how did your journey as a content creator begin?

Thank you for the question! My journey as a content creator began with a simple desire to express myself and share my experiences. After becoming a mother, I realized how transformative yet challenging parenting can be. I wanted to create a space where I could share my journey, inspire other mothers, and learn from their stories as well.

Dance has always been my passion—a way to connect with myself and find joy. It's my 'happy escape' that brings balance to my life. Lifestyle content naturally blended into this because I believe every mother and woman deserves to feel confident and celebrated in her individuality.

What truly inspired me was the feedback and encouragement I received early on. Seeing how my content resonated with people, whether it was a parenting tip, a motivational post, or a dance reel, gave me the motivation to keep creating. My goal has always been to connect with others, spread positivity, and remind everyone that no matter the challenges, life must go on.

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2. How do you manage to balance your roles as a mother, a content creator, and a titleholder of Mrs. Fitness Freak? What does a typical day look like for you?

Balancing everything feels like crafting a dance routine—each step is intentional. My mornings start with fitness or dance, which energizes me for the day. Then comes my favorite role: spending quality time with Kiyansh through playful and creative activities. When he's settled, I focus on creating content that connects and inspires. Evenings are for family and reflecting on the day. Winning Mrs. Fitness Freak before becoming a mom taught me the value of discipline and self-care, which I now carry into motherhood and every role I play. It's about finding harmony and making each moment meaningful.

3. Your Instagram page, [itsinkandgrooves](#), covers diverse topics. How do you decide what content to create and what message do you aim to convey through your posts?

On [itsinkandgrooves](#), I draw inspiration from my life and passions—parenting, dance, and motivational stories. My content is a reflection of who I am and what I value. I focus on creating posts that resonate with my audience, whether it's relatable parenting moments, uplifting quotes, or dance reels that spread joy.

The message I aim to convey is simple: embrace every phase of life with confidence and positivity. Through my posts, I want to inspire others to find happiness in the little things, overcome challenges, and remember that no matter what, life must go on.

4. Dance seems to hold a special place in your life. How has it shaped your journey, and why do you describe it as your 'happy escape'?

Dance has been my constant companion, a way to express myself and reconnect with my inner joy. It has shaped my journey by teaching me discipline, creativity, and the importance of embracing emotions. Whenever life feels overwhelming, dance becomes my therapy—a space where I can be free, let go of worries, and just live in the moment.

I call it my 'happy escape' because it's more than a hobby; it's my sanctuary. It lifts my spirits, keeps me grounded, and reminds me that there's always a rhythm to life, even during challenging times. Dance truly fuels my soul.

5. Winning the title of Mrs. Fitness Freak must have been a proud moment. Could you share how fitness became an integral part of your life and what this title means to you?

Winning the Mrs. Fitness Freak title was an incredible milestone for me, before becoming a mother. Fitness has always been a key part of my life—it gave me strength, confidence, and a sense of balance. The title was a reflection of my dedication to health and well-being. It motivated me to push myself further, and now, as a mother, I carry that discipline with me. The title represents not just physical fitness, but mental and emotional strength, and I hope to inspire others to embrace a healthy lifestyle, just as I did before motherhood.

6. You've spoken about wanting to inspire individuals battling depression. Could you elaborate on how your personal journey has influenced this mission and the feedback you've received from your audience?

My personal journey has been shaped by challenges, including moments of struggle with my own mental health. I've learned that it's okay to not always feel okay, but what matters is the strength to keep going. This experience has fueled my desire to inspire others, especially those battling depression, to remind them that life is still worth living even in the darkest moments.

The feedback I've received from my audience has been overwhelmingly positive. Many have shared how my posts—whether motivational quotes, personal stories, or dance videos—have helped them find light in their own lives. Knowing that I can be a source of encouragement and hope for others drives me to continue this mission of spreading positivity and showing that no matter what, life must go on!





7. Parenting can be a challenging yet rewarding journey. What are some of your favorite activities to do with Kiyansh, and how do you keep the bond strong while juggling other responsibilities?

Parenting is indeed a beautiful mix of challenges and rewards. With Kiyansh, some of my favorite activities include creative play, like drawing and crafting, exploring new books together, and engaging in fun physical games like dancing or outdoor play. These moments allow us to bond while nurturing his creativity and curiosity.

To keep our bond strong while juggling other responsibilities, I prioritize quality time over quantity. I stay present in the moment, whether it's during his playtime or bedtime routines. I also involve him in small tasks, turning everyday activities into learning and bonding opportunities. For me, it's about being there for him emotionally, making him feel loved and valued no matter how busy life gets.



8. Your message, 'Life must go on,' is incredibly inspiring. What personal experiences or challenges shaped this philosophy, and how do you stay motivated during tough times?

The philosophy "Life must go on" stems from some of the toughest moments in my life, where I had to pick myself up and keep moving forward despite the challenges. From navigating personal struggles to balancing responsibilities as a mother and an individual, I've learned that resilience is the key to growth.

I stay motivated by focusing on the positives, setting small goals, and finding joy in little things—be it dancing, creating content, or spending time with my family. Surrounding myself with supportive people and reminding myself of my purpose keeps me going. This mantra isn't just about survival; it's about embracing life with hope, no matter what comes your way.



9. What advice would you give to mothers and women who are looking to rediscover themselves while managing the demands of family and career?

My advice to mothers and women is simple: never lose sight of who you are. It's easy to get caught up in the demands of family and career, but always carve out time for yourself. Start by reconnecting with your passions—whether it's dancing, writing, or anything that brings you joy.

Set small, realistic goals and celebrate every achievement, no matter how small. Remember, self-care isn't selfish; it's essential. Prioritize your well-being, because a happy and fulfilled you can give so much more to your family and career. Most importantly, believe in yourself and know that it's never too late to rediscover and reinvent who you are.



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Jaya Gupta



10. Lastly, what's next for you? Are there any exciting projects or goals you're currently working on that you'd like to share with our readers?

What's next for me is continuing to grow and evolve as a content creator while staying true to my passions. I'm currently working on expanding my content to include more parenting tips, motivational stories, and engaging dance projects.

I'm also exploring collaborations with brands that align with my values, as well as working on initiatives to inspire mothers and women to prioritize self-care and self-expression. One of my biggest goals is to create a meaningful impact by connecting with a larger audience and sharing stories that truly resonate. The journey is just beginning, and I'm excited for what's to come!

Ink & Grooves



@itsinkandgrooves



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Priyanka

*A Journey of Resilience,
Creativity, and Passion*

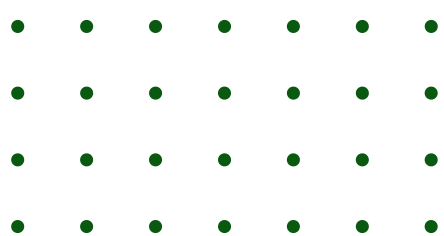
Priyanka is a dynamic personality with a strong will to succeed and make a mark. A constant learner by nature, Priyanka currently working in backend profession. Despite her modest background, she dreams of growing her presence on social media and connecting with a broader audience. Her journey has been one of struggle, often navigating life alone. Yet, she has always embraced her individuality, using her creative and innovative spirit to fuel her path forward.

Life, with its twists and turns, has shown Priyanka many phases. Her experiences have taught her to rely on herself and to become stronger with every challenge. For Priyanka, love holds only close ones little meaning; she believes in self-reliance and is her own source of motivation and strength.

Professionally, Priyanka spent Few years as a teacher, a role that shaped her and sharpened her ability to communicate and connect. Now, her passions are leading her down a new path—one where she can fully explore her love for dancing, traveling, and creating content. She enjoys posing for the camera and is working toward becoming an influencer, sharing her unique perspective through videos and reels.

In every video she makes and every dance she performs, Priyanka brings her authenticity and enthusiasm. Her journey is a testament to resilience and self-expression, showing that even in a world where she often feels alone, she has found purpose and joy in following her passions.

 @lil_piyanka



Shweta Mishra, a renowned Delhi-based professional and social media influencer, has recently achieved a milestone that stands as a testament to her multifaceted talent and determination. Recognized as one of **India's Top 20 Mom Influencers**, Shweta, widely known as "**Shwetasawarnik**" across digital platforms, has captivated audiences with her engaging content on lifestyle and motherhood.

With over eight years of experience in digital media, Shweta has collaborated with leading brands, delivering content that resonates authentically with her audience. Her influential journey as a mom blogger has inspired thousands, but this year, she stepped into a new chapter by participating in the prestigious Mrs. India Inc. beauty pageant.

From Influencer to Pageant Winner

Competing with talented women nationwide, Shweta's journey in Mrs. India Inc. was nothing short of remarkable. She advanced to the semifinals, placing among the top 25 contestants, and was subsequently nominated for the "**Mrs. India Beyond Digital Reach**" title. This accolade celebrates a contestant's ability to connect with audiences not just online but in meaningful ways beyond social media.

Her nomination turned into a victorious moment when Shweta was crowned Mrs. India Inc., a transformative achievement in her already stellar career.

Reflecting on this experience, Shweta said: **"This journey has been transformative. Mrs. India Inc. provided a platform not just for recognition, but for personal growth and empowerment. Competing with women from diverse backgrounds and sharing our stories was incredibly enriching. Winning the title of Mrs. India Inc. and earning the 'Beyond Digital Reach' award showed me that we can truly transcend the limits of our everyday roles and identities."**

A Story of Inspiration

Shweta's down-to-earth storytelling and insightful posts have made her a beloved figure among her followers. As a lifestyle and mom blogger, she's connected deeply on topics like personal growth, balancing family and work, and embracing challenges. Her journey to becoming Mrs. India Inc. showcased her resilience, elegance, and unwavering dedication to representing modern Indian women.

Her transformation from a celebrated digital creator to a beauty pageant winner has not only amplified her influence but has also inspired countless women to break barriers and pursue their dreams.

About Mrs. India Inc.

Mrs. India Inc. is one of India's premier beauty pageants for married women, emphasizing empowerment, individuality, and achievement. Under the mentorship of Mohini Sharma, the platform enables women like Shweta Mishra to share their stories, inspire others, and make an impactful difference in society.

A Role Model for Women Everywhere

Shweta Mishra's journey from one of India's Top 20 Mom Influencers to Mrs. India Inc. winner reflects the boundless potential of women who dare to step out of their comfort zones. She hopes to continue inspiring others through her story, urging women everywhere to believe in themselves, embrace challenges, and reach new heights.

Her story is a powerful reminder that with hard work, resilience, and a willingness to explore new opportunities, women can excel in every arena—be it professional, personal, or creative.

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Shweta Mishra

From Top 20 Mom Influencer in India to Mrs. India Inc. Winner



@Shwetasawarnik

CHRISTMAS

Glimpse

Bollywood celebrities embraced the festive spirit of Christmas 2024, sharing glimpses of their celebrations with fans. Here are five highlights:

1. Alia Bhatt and Ranbir Kapoor's Family Celebration

Alia Bhatt and Ranbir Kapoor celebrated Christmas with their daughter, Raha, attending the Kapoor family's annual brunch. Alia looked radiant in a chic red dress, while Ranbir opted for a classic ensemble. The couple shared heartwarming moments, with Raha dressed adorably in white.



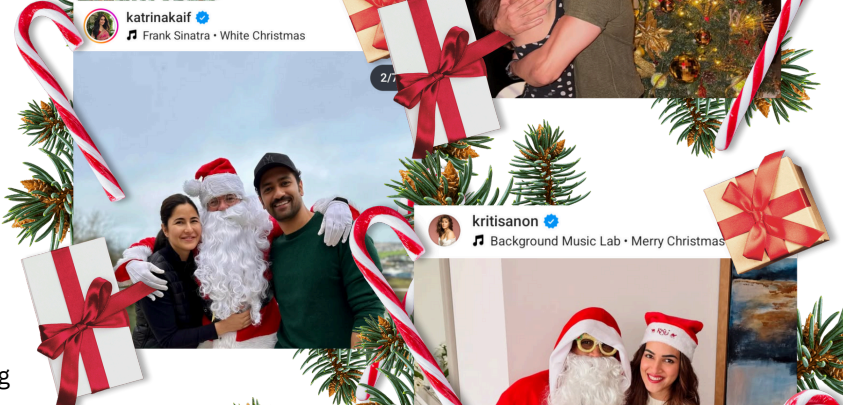
2. Kiara Advani and Sidharth Malhotra's Festive Cheer

Kiara Advani and Sidharth Malhotra delighted fans by sharing a cozy photograph together beside a beautifully decorated Christmas tree. Kiara captioned the image, "Merry Christmas from us to you," reflecting their festive joy.



3. Katrina Kaif and Vicky Kaushal's Family Time

Katrina Kaif and Vicky Kaushal celebrated Christmas with family, sharing moments alongside Santa Claus. The couple's festive snapshots showcased their holiday spirit and togetherness.



4. Kriti Sanon's Festive Ensemble

Kriti Sanon embraced the holiday spirit, donning a cozy oversized sweater with red and white stripes and a personalized Christmas cap. She shared playful photos in front of her decorated Christmas tree, exuding festive cheer.



5. Priyanka Chopra and Nick Jonas's Family Moments

Priyanka Chopra and Nick Jonas spent quality time together during the holidays. Priyanka shared glimpses of their celebration, including a photo of herself in a bold red coat paired with a snowman-themed hairband, embodying the festive spirit.



These snapshots offer a delightful look into how Bollywood's stars celebrated Christmas 2024, sharing their joy and festive cheer with fans worldwide.

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OF PARTICIPATION



This certificate is proudly presented to

Jaya Gupta
Digital Creator

In recognition of your valuable participation in Womaniean Magazine.
We commend your achievements and extend our heartfelt blessings for your
future endeavors. May success and inspiration continue to follow you.

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